



Clear Blocks Tied to Imposter Syndrome



With Anne Marie Pizarro

CLEAR BLOCKS to Imposter Syndrome

DAY 1 - TEACHING

How do you know if you have Imposter Syndrome?

Why do we have Imposter Syndrome?

What are the patterns tied to Imposter Syndrome?

What are your triggers, patterns and lessons?

Who is susceptible to Imposter Syndrome?

What contributes to Imposter Syndrome?

What are the triggers tied to Imposter Syndrome?

How do you get ahead of those triggers?



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DAY 1 - MEDITATION, CHANNELING AND BTS

Meditation: What insight did you receive?

Channeling: What information seemed pertinent you?

BTS - What stood out for you?

Notes, Ideas and Insights



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DAY 2 - TEACHING

What are the Akashic Records?

What are our karmic agreements to I.S.?

Where do we store these soul contracts?

How to find and release these patterns and triggers?

How does Imposter Syndrome appear as lessons?

What are our soul contracts with I.S.?

Where do we store patterns and triggers?

How are personality traits connected to soul contracts?



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DAY 3 - TEACHING

What is the Comparison Trap?

How does it feel to get caught in Comparison Trap?

What to do when you're caught in Comparison Trap?

How to protect yourself from falling into Comparison Trap?

What actions can you take to heal Imposter Syndrome?

What are sacred mantras and mudras you can use?

How do you allow real, authentic expression?

How can you stand out from others?



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Meditation: What insight did you receive?

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Notes, Ideas and Insights



**ANNE MARIE
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TEACHER AND GUIDE

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SKILLS

- Akashic Records Teacher since 2019
- Akashic Records Practitioner since 2007
- Master Integrated Energy Therapist
- Holistic Entrepreneur since 2010
- Retired Registered Nurse since 2016

TESTIMONIAL

"My experience with the class is totally, absolutely amazing. You are so kind, and hold space for all of us to learn, practice, and expand. It is totally life-changing for me." - Justin, TN

Follow Anne Marie Pizarro on:



WHAT'S NEXT?

Register for Become an Akashic Records Guide Fall Program 2022 and continue to clear blocks to Imposter Syndrome.

This 8-week live intensive will help you connect to your authentic voice and presence to receive messages clearly and deliver with confidence, grace and ease from the Akashic Records.

WHAT'S IN THIS PROGRAM?

Begins October 17, 2022

Ends December 9, 2022

Receive your PHD Training!

- Weekly coaching and teaching in the Akashic Records
- Weekly channeling practice
- Weekly Q&A to ask Anne Marie any questions about the Akashic Records

What else comes with this Fall Program?

Access to Master the Akashic Records Course

- 8 Modules, 44 Lessons, Worksheets and Downloads
- 8 Energy Sound Activations
- Special Bonuses and Resources
- Private Facebook community to connect to other students
- Access to Team Leads for questions, feedback and support

**FALL REGISTRATION ENDS
OCTOBER 19, 2022**

Register here

[BECOME AN AKASHIC RECORDS GUIDE FALL PROGRAM](#)